Functional Studio Usage Waiver:

Please note that the Functional Studio is not supervised and therefore usage of the space and equipment there within is at your own risk.

I understand and acknowledge that my use of any equipment in the Functional studio may be hazardous, that my presence and participation are solely at my own risk, and that I assume full responsibility for any resulting injuries, damages or death. In consideration of being provided access and the opportunity to use the Functional studio, and in full recognition and appreciation of the danger and risks inherent in such physical activity, I do hereby waive, release and forever discharge Canada Games Aquatic Centre, its officers, directors, agents, employees and representatives, from and against any and all claims, demands, injuries, actions or causes of action, for costs, expenses or damages to personal property, or personal injury, or death, which may result from my presence at or participation in any activities at the CGAC. This includes any group activities or individual use of the Fitness Room or exercise equipment. Proper usage of all equipment during your time in the functional studio and all rules and policies inherent in must be respected. Failure to abide by those rules may be grounds for being asked to leave the studio. At no time is any equipment to be removed from the studio without express consent from the Fitness Supervisors. The studio will be closed 10 minutes prior to the start and 10 minutes at the end of a class to allow for instructors and participants to setup and clear out.

All members must be 16+ to use the functional studio